





Lesson 1. • Types of media content • Facts vs. opinions • Emotional regulation • Media • Media Landscape • Digital wellness • Digital wellness • Digital wellness

the tull less on: 50 minutes to 1 nour





Lesson	Main topics	Lesson content
Lesson 2. Media Ownership	 Private/commercial media State media Public media Nonprofit media Strategies for finding out who is the owner of the media outlet 	 Homework Reflection about the importance of knowing who the media owner is and what is the ownership model Video about private and state media Video about public media Task for finding the media owner and/or the ownership model Interview video about non-profit media Conclusion
U Time needed for the full lesson: 40 to 50 minutes		







Lesson 3. Organization, their roles Agenda • News selection criteria • News selection criteria • Slides about news selection criteria • News selection criteria • Slides about news • Standards of journalism • Slides with the main standards of journalism	Lesson	Main topics	Lesson content
Video about standards of journalism	Lesson 3. Agenda	 The structure and employees of a news organization, their roles News selection criteria Standards of journalism 	 Homework Discussion based on the homework Slides about departments of a news organization Slides about news selection criteria Slides about news selection criteria Group task about news selection criteria Interview video with an editor about editorial policy Slides with the main standards of journalism Video about standards of journalism







Lesson	Main topics	Lesson content
		Homework
		 Discussion about the homework
		Video about social media as a news
		source
	 Social media as a 	 Online tool "Split Screen Project" that
Lesson 4.	source of information	illustrates filter bubbles
How Social Media Works	and news	Animated video about filter bubbles
	 Filter bubbles 	The Discussion in small groups about
	 Social media algorithms 	pros and cons of using social media for
		news
		Quiz about social media algorithms
		 Game: social media vs. reality
		 Conlusion
() Time needed for the full lesson: 55 minutes to 1 hour 5 minutes		





Lesson	Main topics	Lesson content
Lesson 5. Cognitive Distortions	 Cognitive distortions Advertising 	 Homework Discussion about tricks our mind can play on us Animated video on cognitive distortions Reflection Group exercise Slides with common cognitive distortions related to information consumption Quiz about advertising Video interview with an advertising expert Reflection Conclusion
$\left(\begin{array}{c} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \$		





Lesson	Main topics	Lesson content
		Rule book game
		 Definitions of misinformation,
	 Three main types of 	disinformation and malformation
	harmful information	Quiz about manipulative headlines
Lesson 6. Manipulation: Disinformation, Manipulative Headlines and Photos	 Manipulative 	in the media
	headlines	Video about manipulative headlines
	 Main types of 	and images
	manipulative	 Main types of manipulative images and
	images	examples
	 Image verification 	Image verification exercise
		Video on deepfakes and cheapfakes
		 Conclusion
Time needed for the full lesson: 40 to 50 minutes		







Lesson 7. Manipulation Manipulation Tips to evaluate whether someone is an expert • Checking the original source of information • Case study about checking the original source of information	Lesson	Main topics	Lesson content
	Lesson 7.	 Bots and trolls Automatically generated images Fact-checking Tips to evaluate whether someone is an expert Checking the original source of 	 Animated video about bots and trolls Game where students have to guess which of the two portrait photos is generated by a computer List of signs to recognize automatically generated images Fact-checking: main question to ask ?? Quiz about evaluating information sources Tips to evaluate experts Group exercise about experts Case study about checking the original
			 Case study about checking the original

 \downarrow) Time needed for the full lesson: 50 minutes to 1 hour





Lesson	Main topics	Lesson content	
Lesson 8. Stereotypes and Hate Speech	 Hate speech vs. freedom of speech Inclusive language 	 Discussion about hate speech Video on hate speech vs. freedom of speech Quiz on inclusive language Conclusion 	
Tim	Time needed for the full lesson: 30 to 40 minutes		







Lesson	Main topics	Lesson content
Lesson 9. Wrapping Up	Wrapping up the main lessons of VeryVerified.eu	 Group activity - brainstorming media literacy tips Video with tips to protect yourself from disinformation Discussion about the most important tips to become resilient to disinformation Group project on teaching media literacy Presentation Conclusion
U Time needed for the full lesson: 55 minutes to 1 hour 5 minutes		
U Time needed to do the full 9 lessons: 7 to 8 hours (excluding breaks)		